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For appointments or to speak with a Urologist at the CHOC Children's Urology Center, please call 888-770-2462

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### **Resources used in development of these Referral Guidelines:**

- 1. Subcommittee on Urinary Tract Infection, Steering Committee on Quality Improvement and Management, Roberts KB. Urinary tract infection: clinical practice guideline for the diagnosis and management of the initial UTI in febrile infants and children 2 to 24 months. Pediatrics. 2011. pp. 595–610.
- 2. Tasian GE, Copp HL. Diagnostic performance of ultrasound in nonpalpable cryptorchidism: a systematic review and meta-analysis. Pediatrics. 2011 Jan;127(1):119–28.
- 3. Canning DA. Re: Diagnostic performance of ultrasound in nonpalpable cryptorchidism: a systematic review and meta-analysis. J. Urol. 2012 Apr;187(4):1434.



Refer to CHOC Children's Urology when:	Pre-referral Workup/Recommendations
A. Balanitis [ICD-10 Code: N48.1]	
<ul> <li>Refractory to supportive measures</li> <li>Associated with urinary tract infections</li> </ul>	<ul> <li>None required</li> <li>Culture &amp; Sensitivity (C&amp;S) and Urinalysis</li> <li>* Urine to be obtained via catheterized specimen or midstream urine if toilettrained.</li> </ul>
B. Bladder Stones [ICD-10 Code: N21.0]	
Any pediatric patient with urolithiasis	► <u>See Urology Stones Algorithm</u>
C. Circumcision (elective) [ICD-10 Code: Z41.2]	
As per family request	► None required
D. Cloacal Anomaly [ICD-10 Code: Q64.12]	
Any variant when diagnosed	► None required
E. Congenital Adrenal Hyperplasia [ICD-10 Code: E25.*]	
<ul> <li>Refer to Endocrinology (714) 509-8634 for acute crisis.</li> <li>Presence of any genital anomalies</li> </ul>	► None required
F. Congenital Cystic Kidney [ICD-10 Code: Q61.*]	
Any type of cystic kidney disease	<ul> <li>Bring copy of ultrasound images to CHOC Urology Center visit.</li> <li>* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.</li> <li>&gt; Urinalysis</li> <li>&gt; Blood pressure</li> </ul>

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► Stooling diary (for 1 week)

Refer to CHOC Children's Urology when:	Pre-referral Workup/Recommendations
G. Duplicated Collection System [ICD-10 Code: Q63.*]	
<ul> <li>Any associated hydronephrosis/hydroureter</li> <li>Any lower urinary tract anomalies</li> </ul>	<ul> <li>Bring copy of ultrasound and any other images to CHOC Urology Center visit.</li> <li>* Ultrasound not required. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.</li> </ul>
H. Dysfunctional Voider [ICD-10 Code: R39.19]	
Refractory to timed voiding AND treatment of constipation	<ul><li>Voiding diary (for 2 separate days)</li><li>► Stooling diary (for 1 week)</li></ul>
<ul><li>I. Dysuria [ICD-10 Code: R30.0]</li><li>J. Dysuria (psychogenic) [ICD-10 Code: F45.8]</li></ul>	
Refractory to supportive measures	► None required
K. Fistula (urethrocutaneous) [ICD-10 Code: N36.0]	
<ul> <li>Any type when diagnosed</li> </ul>	► None required
L. Frequency [ICD-10 Code: R35.0]	
<ul> <li>Refractory to treatment of constipation (if present)</li> </ul>	► <u>Voiding diary</u> (for 2 separate days)

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Refer to CHOC Children's Urology when:	Pre-referral Workup/Recommendations
M. Hematuria (gross) [ICD-10 Code: R31.0]	
<ul> <li>Any type of gross hematuria</li> </ul>	<ul> <li>Bring copy of ultrasound and any other images to CHOC Urology Center visit.</li> <li>* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.</li> <li>Blood pressure</li> <li>Complete Blood Count (CBC) including renal function panel</li> </ul>
N. Hematuria (microscopic) [ICD-10 Code: R31.*]	
<ul> <li>Persistent on 3 urinalyses on 3 different occasions</li> </ul>	<ul> <li>Bring copy of ultrasound and any other images to CHOC Urology Center visit.</li> <li>* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.</li> <li>Blood pressure</li> <li>Complete Blood Count (CBC) including renal function panel</li> </ul>
O.Hernia (inguinal) [ICD-10 Code: K40.*]	
Any degree hernia	► None required
P. Hidden Penis [ICD-10 Code: Q55.64]	
<ul> <li>Any hidden penis (also "buried" or "concealed" penis)</li> </ul>	<ul><li>None</li><li>▶ Do not offer circumcision.</li></ul>

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#### Refer to CHOC Children's Urology when:

#### Pre-referral Workup/Recommendations

### Q. Hydrocele [ICD-10 Code: N43.\*]

- Communicating
- Large
- Persists after 3 months of life

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound not required. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- ▶ If large, do not offer circumcision.

### R. Hydronephrosis [ICD-10 Code: N13.\*]

- Bilateral (any grade)
- Associated with UTI

► Physical Exam

## S. Hydronephrosis (congenital) [ICD-10 Code: Q62.0]

- Unilateral (if worse than mild)
- Diameter greater than 5mm
- Associated with UTI

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.

## T. Hypospadias (male) [ICD-10 Code: Q54.\*]

Any degree of hypospadias

- ▶ None required (Sickle cell screen? History of bleeding diathesis?)
- ▶ Do not offer circumcision

## U. Incontinence (urine - non-specific) [ICD-10 Code: R32]

- Persistent (primary for age greater than 4yrs)
- New onset (secondary after successful toilet training)
- ► Voiding diary (for 2 separate days)
- ▶ Initiate treatment of constipation (if present
- ► Stool Diary (for 1 week)

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#### Refer to CHOC Children's Urology when:

#### **Pre-referral Workup/Recommendations**

### V. Kidney Stones [ICD-10 Code: N20.0]

• Any pediatric patient with urolithiasis

► See Urology Stones Algorithm

### W. Labial Adhesions [ICD-10 Code: Q52.9]

- If associated with urinary tract infections or incontinence
- Refractory to topical steroid (6 weeks)

▶ None required

### X. Meatal Stenosis [ICD-10 Code: N35.\*]

- With any lower urinary tract symptoms
- Upward deviated stream
- Urinary tract infections

► None required

### Y. Megaureter [ICD-10 Code: N28.82]

- Unilateral Any degree of hydroureter
- Bilateral Any degree of hydroureter

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- ► Culture & Sensitivity (C&S) and Urinalysis (if present with infections)
  - \* Urine to be obtained via catheterized specimen or midstream urine if toilettrained.
- ► Lasix scan (ordered by CHOC Urology Center as needed)

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#### Refer to CHOC Children's Urology when:

#### Pre-referral Workup/Recommendations

## Z. Megaureter (congenital) [ICD-10 Code: Q62.2]

- Unilateral Any degree of hydroureter
- Bilateral Any degree of hydroureter

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- ► Culture & Sensitivity (C&S) and Urinalysis (if present with infections)
  - \* Urine to be obtained via catheterized specimen or midstream urine if toilettrained.
- ► Lasix scan (ordered by CHOC Urology Center as needed)

### A1. Micro Penis [ICD-10 Code: Q55.62]

Penile length less than 2cm

None

## B1. Multi Cystic Dysplastic Kidney [ICD-10 Code: Q61.8]

• Any type of MSDK

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- **▶** Urinalysis
- ▶ Blood pressure

## C1. Neonatal Circumcision [ICD-10 Code: Z41.2]

As per family request

► None required

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#### Refer to CHOC Children's Urology when:

### Pre-referral Workup/Recommendations

## D1. Neurogenic Bladder [ICD-10 Code: N31.\*]

Any degree of neurogenic bladder

- ► Voiding Cysto-Urethrogram (VCUG)
- ▶ Ultrasound not required
  - \* If needed, ultrasound will be performed in CHOC Urology Center
- ► <u>Voiding diary</u> (for 2 separate days)
- ► Stool Diary (for 1 week)
- ▶ Initiate treatment of constipation. (if present)

### E1. Nocturnal Enuresis [ICD-10 Code: N39.44]

- Persistent beyond age of 7 years (primary)
- New onset (secondary after successful toilet training)
- ► Voiding diary (for 2 separate days)
- ► Stool Diary (for 1 week)
- ▶ Initiate treatment of constipation. (if present)

### F1. Paraphimosis [ICD-10 Code: N47.\*]

• Emergent: Pg. CHOC Pediatric Urologist on call: 714-509-3919

▶ None required

### G1. Penile Adhesions [ICD-10 Code: N47.5]

- Any penile adhesions
- Refractory to topical steroid used for 3-4weeks
- Postoperative (after circumcision)

▶ None

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reduction	Grology Referral Galdennes			
Refer to CHOC Children's Urology when:	Pre-referral Workup/Recommendations			
H1.Penile Curvature [ICD-10 Code: Q55.61]				
<ul> <li>Any penile curvature resulting in reduction of function</li> <li>Penile curvature with associated symptoms</li> <li>Significant penile curvature</li> </ul>	► None			
I1. Phimosis [ICD-10 Code: N47.1]				
<ul> <li>Associated with Balanitis/Balanoposthitis</li> <li>Refractory to topical steroid (3-4 weeks)         Phimosis Cream Application Instructions (PDF)     </li> </ul>	► None required			
J1. Posterior Urethral Valves [ICD-10 Code: Q64.2]				
<ul><li>Emergent: Insert urethral catheter</li><li>Pg. CHOC Pediatric Urologist on call:</li></ul>	► Bring copy of Voiding Cysto-Urethrogram (VCUG) to CHOC Urology Center visit.			
714-509-3919	<ul> <li>VCUG should not delay referral to CHOC Urology. If needed, VCUG can be performed in CHOC Urology Center at time of visit.</li> </ul>			
	► Bring copy of ultrasound and any other images to CHOC Urology Center visit.			

## K1. Pyelonephritis [ICD-10 Code: N12]

Associated with ANY abnormalities on imaging

- ▶ Bring or send all lab results. (if available)
- ▶ Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.

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#### Refer to CHOC Children's Urology when:

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## L1. Solitary Kidney [ICD-10 Code: Q60.\*]

Associated with ANY abnormalities on imaging

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- ► Voiding diary (for 2 separate days)
- ▶ Initiate treatment of constipation (if present
- ► Stool Diary (for 1 week)

## M1. Spina Bifida (occulta) [ICD-10 Code: Q76.0]

- Any variant when diagnosed
- If presents with upper or lower urinary tract pathology
- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- ► <u>Voiding/catheterization diary</u> (for 2 separate days)
- ► Stool Diary (for 1 week)

# N1.Testicular Pain [ICD-10 Code: R10.2]

O1.Testicular Pain (psychogenic) [ICD-10 Code: F45.42]

When refractory to supportive measures

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
- ▶ Scrotum ultrasound
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.

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### **P1. Torsion** [ICD-10 Code: N44.0\*]

• Emergent: Pg. CHOC Pediatric Urologist on call: 714-509-3919

▶ None

### Q1. Undescended Testis [ICD-10 Code: Q53.\*]

• At time of diagnosis

- ▶ Ultrasound not required
  - \* If needed, ultrasound can be performed in CHOC Urology Center.

#### R1. Urachal Remnant [ICD-10 Code: Q64.4]

Any when diagnosed

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.

### S1. Ureteral Stones [ICD-10 Code: N20.1]

• Any pediatric patient with urolithiasis

► See Urology Stones Algorithm

#### T1. Ureterocele [ICD-10 Code: Q62.31]

• Any type of ureterocele

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
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#### Refer to CHOC Children's Urology when:

#### Pre-referral Workup/Recommendations

## U1. Ureteropelvic Junction (UPJ) Obstruction [ICD-10 Code: Q62.11]

Any degree when diagnosed

- ▶ Lasix Renal Scan
- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.

### V1.Urethral Stones [ICD-10 Code: N21.1]

Any pediatric patient with urolithiasis

► See Urology Stones Algorithm

## W1. Urethral Stricture (trauma) [ICD-10 Code: N35.0\*]

Any when diagnosed

► None required

## X1. Urinary Retention [ICD-10 Code: R33.8]

• After any episode of prolonged urinary retention

- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- ► Voiding diary (for 2 separate days)
- ▶ Initiate treatment of constipation (if present
- ► Stool Diary (for 1 week)

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## Y1. Urinary Tract Infection [ICD-10 Code: N39.0]

- Recurrent, non-febrile
- After first febrile UTI
- Any UTI with evidence of upper tract abnormality on ultrasound
- ▶ Urinalysis
- ► Culture & Sensitivity (C&S)
  - Urine to be obtained via catheterized specimen or midstream urine if toilet-trained.
- Bring copy of ultrasound and any other images to CHOC Urology Center visit
  - Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- Voiding diary (for 2 separate days)
- ► Initiate treatment of constipation (if present
- Stool Diary (for 1 week)

### Z1.Varicocele [ICD-10 Code: 186.1]

- Symptomatic
- Grade 2-3
- If associated with difference in testicular size

- ► Scrotal ultrasound
  - \* Ultrasound will be performed in CHOC Urology Center if needed.

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#### Refer to CHOC Children's Urology when:

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A2. Vesicoureteral Reflux [ICD-10 Code: N13.7\*]

B2. Vesicoureteral Reflux (bilateral) [ICD-10 Code: N13.7\*]

C2. Vesicoureteral Reflux (nephropathy) [ICD-10 Code: N13.7\*]

D2. Vesicoureteral Reflux (unilateral) [ICD-10 Code: N13.7\*]

Any degree of reflux

- ► Bring copy of Voiding Cysto-Urethrogram (VCUG) to CHOC Urology Center visit.
  - \* VCUG should not delay referral to CHOC Urology. If needed, VCUG can be performed in CHOC Urology Center at time of visit.
- ► Bring copy of ultrasound and any other images to CHOC Urology Center visit.
  - \* Ultrasound should not delay referral to CHOC Urology. If needed, ultrasound can be performed in CHOC Urology Center at time of visit.
- ► Culture & Sensitivity (C&S)
  - \* Urine to be obtained via catheterized specimen or midstream urine if toilettrained.
- ► Blood pressure