CHOC CHILDREN'S UROLOGY CENTER

Home Pressure Test

1. Patient relaxes and lies on their back. Please encourage them to remain lying down as lifting their head can cause a false measurement.

2. Someone (not the patient) inserts the catheter until they see urine in the tube. Quickly lift the open end of the catheter up towards the ceiling, while keeping the catheter in the patient.

For **boys** place a ruler so that the "0" of the ruler is where the penis meets the scrotum. Not where the catheter enters the penis. The ruler should be lined up so it points towards the ceiling.

For **girls** place a ruler so that the "0" is lined up with where the catheter goes into the body. The ruler should be lined up so it points towards the ceiling.

For a **Mitrofanoff** place a ruler so that the "0" is lined up with where the catheter enters the body. The ruler should be lined up so it points towards the ceiling.

4. Please note how high up into the catheter the urine reaches at first. This is the point you measure up to with the ruler and record on the log (attached) in centimeters (cm). If the urine overflows out of the tube write "overflow" on log.

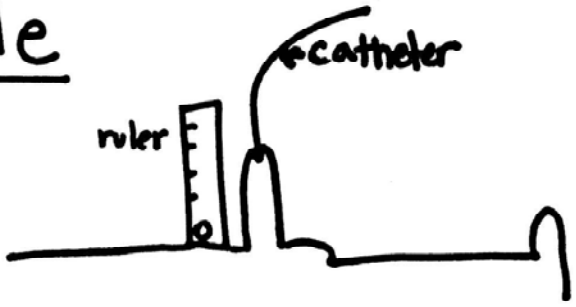
5. Now empty the urine into a container where you can measure the amount of urine emptied. Fully empty the bladder. Record this volume on the log.

6. Repeat in the morning as often as you can before your next visit.

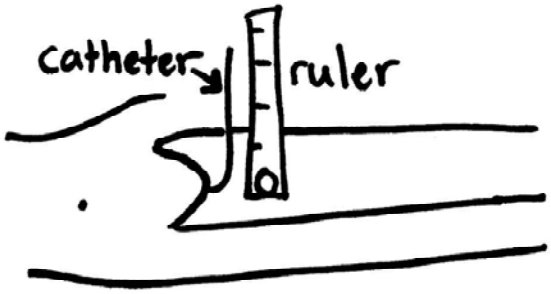
Tony Khoury MD, FRCSC, FAAP; Irene McAleer MD, JD, MBA; Elias Wehbi MD; Blake Watts RNFA, DNP
505 S Main St #100 Orange, CA 92868
714.509.3919 phone / 866.529.9704 fax

1/10/2012

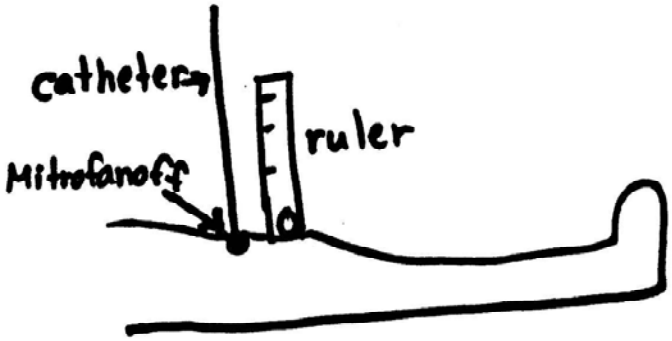
Male



Female



Mitrofanoff



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DATE	TIME	PRESSURE (cm)	AMOUNT VOIDED (please label if cups, ounces, ml, cc, etc.)

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